



SARAH Tuxis Recreation & Leisure
Connections
433 Boston Post Rd.
Westbrook, CT 06498



Recreation & Leisure Connections



April, May, June 2025
Program Guide



Mini Golf

Date: 05/30, 06/16
Time: 6:00 PM
Location: Saybrook Point
154 College St
Cost: \$15.00 (\$30.00)



Putter late than never, show off your mini golf skills the best, by par; while enjoying and evening with friends. Don't forget the bug spray! Please bring money for a snack or beverage. Join us beforehand 05/30 at 5pm Sweet Luna's in Old Saybrook, and 6/16 at 4pm at Ashley's in Westbrook. * Sponsored by the Travel Club *

Guys Night

Dates: 04/11, 05/16, 06/20
Time: 5:30 PM
Location: Tuxis Harbor



Come spend an evening at The Harbor with the guys. Share in a potluck dinner, play pool, ping-pong, watch a movie or just have some good conversations with friends. Cost is free as this is a potluck style dinner gathering, all attendees are asked to bring an item to share for dinner.

Ladies Night

Dates: 04/04, 05/02, 06/06*
Time: 5:30 PM
Location: Tuxis Harbor
Hammonasset
Bishop's Orchard



Come spend an evening with some of your gal pals, enjoy dinner and have some good conversations with friends, get together and share some long lasting memories. Cost is free as this is a potluck style dinner gathering, all attending are asked to bring an item for dinner. *Please, bring money for your meal, or a picnic meal for yourself when we meet for Ladies Night Out, June 6, when we enjoy live music at the Bishops Orchard Red Barn; seating is first come first serve.

Tuxis Tuners

Date: 04/21, 04/29, 05/01, 05/19, 06/02,
Time: 6:00 PM
Location: Guilford Green



The Tuxis Tuners are a professional style singing group rehearsing classic hits, old favorites, and new songs as we meet to practice, and keep those vocal cords tuned for our upcoming performances.

REGISTRATION PROCEDURE

Please fill out the registration form to register for Recreation & Leisure programs. Make additional copies if needed. Each individual should have their own form. Forms need to be filled out in entirety.

Forms with full payment must be received in our office by the RSVP date on the registration form. We do not accept registrations over the phone. Registrations can be mailed, dropped off at our office. We process registrations on a first come first serve basis. Please contact Brienne Vinyard, the Recreation Coordinator at briennev@sarah-tuxis.org for special arrangements regarding support staff, transportation or program cost questions.

NEW SERVICE PARTICIPANT REGISTRATION

All new participants please call Brienne Vinyard at (475) 355 - 0418 to schedule a time to come in to meet and to discuss joining SARAH Recreation!

SARAH Recreation requires a chaperone to accompany all newly registered members. In order to ensure a successful and positive experience for everyone SARAH Recreation reserves the right to require a 1:1 chaperone to assist some people for participation. All Tuxis, Seneca and Private Hire staff are required to remain with the person they are supporting at all times while at recreation. SARAH Recreation requires a Registration Packet to be completed and updated every year for participation in Recreation events. SARAH Recreation requires a 3:1 ratio for all participants. This may require support staff to remain for the events in some circumstances.

Art

Date: 04/02, 04/09, 04/30,
05/07, 05/14 05/21
Time: 5:30 PM to 6:45 PM
Location: Adams Middle School
Address: 233 Church St. Guilford
Cost: \$ 45 per session (\$90.00 both sessions)



This Art Class gives the opportunity to create, facilitates artistic expression, and engages the mind through the painting process. Artists will work with acrylics on canvas during the program sessions. Have fun, be creative, express your thoughts, ideas and experience.

Music Therapy

Dates: 04/04, 05/23, 06/27
Time: 5:30 PM to 6:30 PM
Location: SARAH Tuxis Harbor
Cost: \$60.00 (or \$20.00 per class)



Let the music take over! Spend the evening singing and playing instruments with Elizabeth Keyes. Liz is a Board Certified member of the American Music Therapy Association. This class will surely create a fun, expressive and interactive environment where individuals can really thrive. See you there!

Cooking Class

Monday's 04/14, 05/05, 06/23,
Thursday's 04/17, 05/08, 06/26
Time: 5:00 PM
Location: SARAH Tuxis Harbor
Cost: \$60.00 or (\$20.00 per class)



Join us at the Harbor café to learn some new recipes, some old favorites and some good company. Please choose either Monday, OR Thursday classes. After we cook, we feast!

Sunday Fun-day

Time: 11:00 AM
Dates: 04/13, 05/18,
Location: SARAH Tuxis Harbor
Cost: \$10.00 or (\$5.00 per)



Get together at the Harbor for activities, games, arts and crafts, activities, and more! A Sunday full of fun you won't want to miss.

Book Club

Dates: 04/09, 05/14, 06/18
Time: 6:00 PM
Location: Henry Carter Hull Library
10 Killingworth Turnpike, Clinton



Spring into a good book, a short story, a fairy tale ending, and good company. Meet us at the Library! Meet 6/18 for sinner at Chips before Book Club.

Tuxis Times

Date: 04/23
Time: 5:00 PM
Location: SARAH Tuxis Harbor



Spread good news and help people stay in the know with a newsletter from our community. We need your help! Help the committee capture photos at activities and events, collect quotes, recipes, and good news to share with people in our community.

Karaoke Nigh

Date: 04/01, 05/19, 06/09,
Time: 4:00 PM
Location: SARAH Tuxis Harbor
Cost: \$1.00 (\$3.00)



Warm up those vocal cords! Join us at The Harbor and sing your heart out to all of your favorite songs. You can sing a solo or duet alongside great friends. Hope to see you there!

Game Night

Dates: gar
Time: 4:00 PM
Location: SARAH Tuxis Harbor
Cost: \$ 1. 00 (\$ 3 . 00)



Come and join a fun filled night of games such as air hockey, pool, bingo, trivia, Ms. Packman, other arcade games and more with great friends, at the Harbor.

Nature Walk

Date: Westbrook - 04/17, 05/08, 06/26
Madison - 04/22, 05/20, 06/17
Branford - 05/28, 06/30

Time: 4:00 PM

Location: Stewart B. McKinney
733 Old Clinton Rd, Westbrook
Meig's Point Nature Center, Hammonasset
1288 Boston Post Rd., Madison
Shoreline Greenway Trail, 60-42 Tabor Dr, Branford



These scenic trails are beautiful this time of year. Spring and summertime is a great time for these enjoyable routes in Westbrook, Madison, and Branford. Visit settings perfect for a late afternoon stroll, get together on a beautiful evening to enjoy the great outdoors with friends to observe the wildlife. Don't forget the bug spray, and stay hydrated by bringing something to drink! * Sponsored by the Travel Club *

Zumba

Dates: 04/08, 04/22, 05/06, 05/20, 06/03, 06/17
Time: 6:00 PM
Location: Guilford Community Center
Cost: \$ 10 . 00 (\$ 60 .00)



Zumba is a dance fitness program that incorporates Latin and world rhythms, with dance inspired exercises in a fun, high energy class. The goal of Zumba is to get moving and have fun! No dance experience is necessary! Come join the party!

Yoga

Date: 04/16, 04/30, 05/07, 05/21, 06/11, 06/25
Time: 5:30 – 6:30 PM
Location: SARAH Tuxis Harbor
Cost: \$10.00 per class (\$60.00)



Release, relax, loosen up those muscles, improve flexibility, posture, and range of motion with this gentle, beginner friendly yoga class. No experience necessary. We have a yoga mat for you, just bring your willingness to relax and recharge!

Travel Club

Dates: 04/03, 06/05
Time: 5:00 PM



The Travel Club will hold their semi-quarterly meeting to plan and discuss the Guilford Parade, events, activities, advocacy, and more. Join us on the at Stewart B. McKinney Wildlife Refuge in Westbrook on April 3, the Guilford Farmers Market on May 1, and the Guilford Library on June 5.

Beach Combers

Date: 04/11, 05/12, 06/10
Time: 5:00 PM
Location: Hammonasset, West



Do you love the beach? How about a mystery? Let's look and see what we can find on the beach, evenings this springtime look for sea glass, shells, and observe the scenery, the wildlife, and see what all you can find. Metal detectors welcome!

Magnet Fishing

Date: 05/29, 06/09
Time: 5:30 PM
Location: Singing Bridge, Westbrook
DEEP, Old Lyme



Join us at a local waterway to see what we can catch! Are you an archaeologist and adventurer, interested in digging up relics and piecing together the mysteries surrounding them? All we have to do is learn a new craft. Come, and learn from friends this spring with magnet fishing.

Dance Committee

Date: 04/07
Time: 5:00 PM
Location: SARAH Tuxis Harbor



Recreation is recruiting volunteers to help plan our next dance! If you want to get together to brainstorm themes, discuss decorations, and all things dance-planning, join us at the Dance Planning Committee.

Family Dinner

Date: 06/04
Time: 5:00 PM
Location: 901 Boston Post Rd, Guilford



'Put Your Rump on a Stump!' Enjoy a family dinner with a family member, friend or staff for an evening full of good company at The Place! The Place features outdoor seafood dining, and is cash only. Please bring money for your meal and a big appetite!

Fired Up

Date: 04/23, 05/28, 06/25
Time: 6:00 PM
Location: 1060 Main Street,
Branford CT 06405
Cost: \$30.00 per session (\$90.00)



Join us at FIRED UP it is an exciting, fun-loving, friendly and very relaxing paint your own pottery studio. Pick what you would like to paint, the colors that would make it complete, and then pick it up once it is fired. After pottery has been fired come back in 2 weeks to pick up your masterpiece— see you then!

Essex Indoor Golf

Date: 04/28
Time: 5:30 PM
Location: 23 Saybrook Road (Suite 5)
Essex,
Cost: \$15.00



Join us at Essex indoor golf for golf simulation, or mini golf. Golfer, or non – golfer, and everyone in between, meet and play inside with the same simulator from the Golf Channel; PGA Tour approved. Join together at Ben and Jerry's at 4:00 PM to start the night right!

Outdoor Games

Time: 4:00 PM
Dates: 04/29, 05/13, 06/24
Location: Bittner Park
Guilford
Cost: \$15.00 (\$5.00 per)



Outdoor games are a fun evening, summer or spring time staple! Spend an evening kicking up some dust, or tossing around the football; bocce, Frisbee, horseshoes, and much more to keep the games going! Please be sure to stay hydrated by bringing something to drink, and don't forget the bug spray & sunscreen!

Bowling

Dates: 04/24, 05/15, 06/12
Time: 5:30 PM
Location: AMF Circle Lanes – East Haven
Cost: \$ 10 . 00 (\$ 30 .00)



Thursday nights are a great time to get out and go bowling with friends! Can't find your bowling ball anywhere? Bet this alley has a spare! Please bring money for any snack or beverage purchases you may wish to make. See you there! Join for dinner at the Branford Townhouse before we play, April 24 at 4:00 PM.

Saturday Bowling

Date: 04/05, 05/03, 06/21
Time: 12:30 PM
Location: AMF Circle Lanes—East Haven
Cost: \$ 10.00 (\$ 30.00)



Trying to PIN down what to do with your Saturday afternoon? If Bowling is up your alley, these pins are not on strike, we will see you at AMF Circle Lanes in East Haven! Please bring money for a snack or beverage.

DIY Craft

Date: 04/21, 06/02
Time: 4:00 PM
Location: SARAH Tuxis Harbor
Cost: \$ 5 . 00



Do it yourself projects and crafts are a fun way to gift and to decorate. Get together with friends and put your creative mind to work! See you there.

Fabulous Foodies

Dates: 05/01
Time: 5:00 PM
Location: Guilford Farmers Market



Support one another, celebrate and talk about healthy lifestyle choices, meal planning and provide support to friends to stay motivated, feel empowered to keep up the good work!

Spring Fling Potluck & Bingo

Date: 04/25
Time: 5:30 – 7:30 PM
Location: SARAH Tuxis Harbor
Cost: \$10.00



Get together for some springtime fun at the harbor enjoy great company, good food, bingo and prizes! Please bring your favorite dish, or bring one small item according to the first initial of your last name:

A-J: Appetizer K-R: Dessert
S-Z: Main Course

Starwars Potluck & Bingo

Date: 05/09
Time: 5:30 – 7:30 PM
Location: Tuxis Harbor
Cost: \$10.00



May the Force be with you in May! Get together for fun, a galaxy far, far away, at the harbor enjoy great company, good food, bingo and prizes! Please bring your favorite Pizza, or Salad; or bring an item according to the first initial of your last name:

A-J: Main K-R: Appetizer
S-Z: Dessert

SARAH Pride Potluck & Bingo

Date: Friday, 6/13
Time: 5:30 – 7:30 PM
Location: Tuxis Harbor
Cost: \$10.00



Celebrate SARAH pride with your SARAH swag to the Harbor. Enjoy great company, good food, bingo and prizes! Please bring your favorite dish to share; or bring an item according to the first initial of your last name:

A-H: Dessert I-O: Main
P-Z: Appetizer

Movie Night

Date: 04/15, 05/13, 06/24
Time: 6:00 PM
Location: North Haven Movie Theater
Cost: \$15.00 (\$45.00)



Join us for Movie Night at North Haven Movie Theater! Enjoy some popcorn with great friends while watching a new box-office hit movie! Movie times may vary. Please bring money for snacks or beverages. Meet 4/15 at 4:30pm at Olive Garden, North Haven before the show.

Spring Semi -Formal

Date: Thursday, May 22
Time: 6:00 PM
Location: Woodwinds
29 School Ground Rd.
Branford
Cost: \$75.00



Dance the night away at the Spring Formal at Woodwinds in Branford. Make the evening memorable for a lifetime in the photo booth, enjoy dinner and great company. Formal and semi- formal attire suggested. See you there! If interested, please contact Brieanne Vinyard at brieannev@sarah-tuxis.org as soon as possible. Any sign-ups after April 17, may not be accepted as space is limited.

Hartford Yardgoats, Dunkin Park

Date: 06/28
Time: 6:10 PM (4:30 PM)
Location: 1214 Main St,
Hartford, CT 06103
Cost: \$ 80 . 00



Join Recreation at Dunkin' Park in Hartford when the Yard Goats challenge Akron for a Saturday evening of fun under the ConnectiCare Picnic Pavilion. Enjoy the Ballpark Buffet, and Fireworks after the game. The Yard Goats host the Hew Hampshire Fisher Cats, with gates opening at 4:30 PM . See you then! Please bring money for any additional souvenir, or other purchases you may wish to make. If interested, contact Brieanne at brieannev@sarah-tuxis.org or by calling (475) – 355 – 0418 Sign-ups after April 1 may not be accepted as space is limited. *Sponsored by Travel Club*

Florence Griswold Art Museum Experience

Date: 05/27
Time: 5:00 PM
Location: 96 Lyme St, Old Lyme
Cost: \$30.00



Enjoy a lovely and unique experience! Treasure, and create memories, an evening of beautiful and peaceful surroundings; leave with your own artful masterpieces from an evening of "en plein air" painting fun. Art, history, and nature come together on a beautiful 12-acre site with riverfront views. We will paint, rain or shine. Join us at FloGris!

Shoreline East Pizza Works

Date: 05/17
Time: 11:00 AM
Location: 96 Lyme St, Old Lyme
Cost: \$15.00



Join us on the rails! We are going to Pizza Works, in Old Saybrook for lunch. Take Shoreline East from Guilford to Old Saybrook, and back. Please bring money for your meal when we dine out at Pizza Works. All aboard the train back to Guilford.

Tour of Guilford Fire Department Panera Bread

Date: 04/10
Time: 5:00PM
Location: Guilford Fire Department
345 Boston Post Road



Join us for an exclusive tour of the Guilford Fire Department from our own local Fire Fighters! Following our tour get together for dinner at The Guilford Brownstone; please provide a headcount to be able to make reservations. Everyone should bring money for their meal and an appetite!

New England Air Museum

Date: 04/26
Time: 10:00 AM
Location: 36 Perimeter Rd, Windsor Locks
Connecticut Air Space Museum
Cost: \$25.00



Experience out of this world fun at the Connecticut Air Space Museum's annual Space Expo! Special Guests from a Galaxy Far, Far Away. Explore three hangars filled with historic aircraft, take to the imaginary skies flying a Cessna 172 with NEAM's computer flight simulators, Climb into the cockpits of historic aircraft with help from the NEAM Team, and finally, don't forget a visit to the Wings 'n Things Gift Shop! Please bring money for any purchases you may wish to make.
Sponsored by Travel Club

Bushy Hill Nature Center

Date: 04/12, 05/10, 06/14
Time: 10:00 AM
Location: Bushy Hill Nature Center
253 Bushy Hill Rd. Ivoryton
Cost: \$ 20.00 (\$60.00)



Bushy Hill Nature Center offers people of all ages the chance to learn and grow; native wild life observation, nature walks, and everything outdoors from archery to miles of walking and hiking trails, a working tipi and wigwam site, a mile-long spring fed lake, a working farm, woodlands, and wetlands set the scene for our Indigenous Studies. Take a look into the culture of Native American life, hands on; we are going to visit a working Tipi and Wigwam, while we learn about the artifacts, tools and culture of this period. 04/12 – Farm Tour, 05/10 – Indigenous Studies, 06/14 – Pond Probe.

Car Show Harkness Memorial Park

Date: Sunday, June 1
Time: 10:00 AM
Location: Harkness Memorial Park, Waterford



The 37th annual British by the Sea Gathering by the Connecticut MG Club featuring cars, trucks and motorcycles at Harkness Memorial State Park in Waterford. Enjoy a Sunday of classics, antiques, and a car lovers paradise, at the beach of course!